

“Spiritual care lies at the heart of hospice. It says we are here. We will be with you in your living and your dying. We will free you from pain and give you the freedom to find your own meaning in your own life – your way. We will comfort you and those you love – not always with words, often with a touch or a glance. We will bring you hope – not for tomorrow but for this day. We will not leave you. We will watch with you. We will be there.”

Dr. Dorothy Ley

Why Hospice Care?

Hospices offer quality palliative care that is determined by the needs and hopes of the individual. Our professional staff and trained volunteers work with community partners to ensure that individuals with a life-limiting illness have access to a wide-range of services that are designed to enhance their quality of life. Not only do we support the individual but also their caregivers and family members. It is our practice to stay in touch with families after the death of a loved one to offer on-going support as needed.

The Dorothy Ley Hospice fosters hope and dignity through exemplary care, advocacy, education and research for individuals living with the challenges of life-limiting illness or loss.



To enquire about our services, to volunteer or make a donation, please contact:

220 Sherway Drive
Etobicoke, Ontario M9C 0A7
t: 416-626-0116 / f: 416-626-7285
www.dlhospice.org

Charitable No: 13019 3394 RR0001



A Community of Support and Care



The Dorothy Ley Hospice

is a volunteer-driven, staff managed organization offering compassionate care to people living with the challenges of a life-limiting illness or loss. Our goal is to provide comfort and support so they can live every day to the fullest with dignity, meaning and hope. All of our services are offered at no charge thanks to the generosity of our donors, government funding and the support of our community partners.

Our programs and services meet the physical, emotional, spiritual and practical needs of individuals as well as their family members and care providers. Any person requiring palliative care or bereavement support can access hospice services regardless of their age or illness.

For more information about our services, please feel free to contact us. We will be happy to explore ways to address your needs.

phone: 416-626-0116
www.dlhospice.org

Dorothy Ley Hospice offers

Care Coordinators

Our Care Coordinators, who are regulated health professionals, visit with palliative individuals and caregivers to discuss and explore their needs, help them navigate the health care system and coordinate and monitor their support services.

In-Home Support

Following an initial assessment, in-home visits by trained client support volunteers may be offered. These volunteers are available to visit individuals in their home, or in other settings, to give caregivers a break, to listen and offer comfort.

Day Program

Participants share experiences, support one another and engage in a variety of activities that promote their well-being. The Day Program also serves as a respite for caregivers and loved-ones.



Residential Care

As an alternative to staying at home or in hospital, individuals may be admitted to one of our 10 Care Suites during the last weeks of life. Care is provided around the clock by staff and volunteers and is complemented by access to all our programs and services in a home-like environment.

Integrative Wellness

Our Integrative Wellness Programs and Services follow an individualized approach that embraces personal responses to illness, death and loss. They encompass the whole 'being'. Programs presently offered are: Therapeutic Touch, Tai Chi, Relaxation/ Guided Imagery Meditation, Expressive Arts Therapy and a Legacy Program.

Bereavement Support

We offer bereavement support for caregivers, families and friends following a death or for those who anticipate a loss. Our volunteers and staff offer one-on-one or group support and provide information and referrals to other community services as needed.



Spiritual Care

For many people, spirituality is found in religion. Others find it in nature, music or life in general. It is about embracing the search for meaning in our lives. Supporting individuals through this process is an integral part of hospice palliative care. Our spiritual care team is available to help individuals explore their unique spirituality in-home, in-hospital or other settings. We offer spiritual needs assessments and support. The Hospice also offers support with funerals, memorial services and "celebration of life" services.

For more information, please feel free to contact The Dorothy Ley Hospice at:

phone: 416-626-0116

www.dlhospice.org

Education

Ongoing education is the key to excellence in hospice palliative care. To enhance the knowledge and skills of those involved in palliative care, The Dorothy Ley Hospice develops and coordinates educational programs for palliative care professionals and for members of the local community in cooperation with other health care providers.

Volunteer Services

Hospice care relies on the dedication and spirit of many volunteers who support every aspect of our activities. Some volunteers provide support for palliative individuals and their families while others help with administrative support, fundraising and other events. Volunteers are provided with thorough training for their roles, are offered professional development opportunities and, where appropriate, participate in the Hospice's Integrative Wellness activities.



(416) 626-0116

www.dlhospice.org