

“Spiritual care lies at the heart of hospice. It says we are here. We will be with you in your living and your dying. We will free you from pain and give you the freedom to find your own meaning in your own life – your way. We will comfort you and those you love – not always with words, often with a touch or a glance. We will bring you hope – not for tomorrow but for this day. We will not leave you. We will watch with you. We will be there.”

Dr. Dorothy Ley

Why Hospice Care?

Hospices build a bridge across health care services, offering quality end-of-life care that traditional services cannot provide in isolation. The Dorothy Ley Hospice strongly supports an integrated approach to care focused squarely on the right of individual choice in determining how to address their unique needs and desires for support. Our professionals and volunteers work together as a team with other community health care professionals and service providers.

The Dorothy Ley Hospice fosters hope and dignity through exemplary care, advocacy, education and research for individuals living with the challenges of life-limiting illness or loss.



To enquire about our services, to volunteer or make a donation, please contact:

170 Sherway Drive, Suite 3
Etobicoke, Ontario M9C 1A6
t: 416-626-0116 / f: 416-626-7285
e: info@dlhospice.org
www.dlhospice.org



A Community of Support and Care



The Dorothy Ley Hospice

is a volunteer-based community service organization offering compassionate care to people living with the challenges of a life-limiting illness or loss and helps them live their lives to the fullest. Our goal is to provide comfort and help them manage so they can live with dignity, meaning and hope. All of our services are offered free of charge thanks to the generosity of our donors, government funding and the support of our community partners.

Our programs and services meet a variety of support needs for individuals, families and care providers. Any palliative individual, regardless of age or medical condition, can access hospice support. Members of their families or others who have suffered a loss can also access complementary supports, where available.

For specific information about our services, please feel free to contact us. We will be happy to provide an assessment of your needs and, if we are unable to help you, we can put you in touch with the most appropriate service provider.

phone: 416-626-0116
e-mail: info@dlhospice.org
www.dlhospice.org

Dorothy Ley Hospice offers

Case Management

Our case managers, who are regulated health professionals, visit with palliative individuals and care givers to discuss and explore their needs, help them navigate the health care system and coordinate and monitor their support services.

In-Home Support

Following an initial assessment, in-home visits by trained client support volunteers may be offered. These volunteers are available to visit individuals in their home, or in other settings, to give caregivers a break to listen and offer comfort.

Day Program

Participants share experiences, support one another and engage in a variety of activities that promote their well-being. The Day Program also serves as a respite for caregivers and loved-ones.



Integrative Wellness

Our Integrative Wellness Programs and Services follow an individualized approach that embraces personal responses to illness, death and loss. They encompass the whole 'being'. Programs presently offered are: Therapeutic Touch, Thai Chi, Relaxation/ Guided Imagery Meditation, Expressive Arts Therapy and a Legacy Program.

Spiritual Care

For many people, spirituality is found in religion. Others find it in nature, music or life in general. It is about embracing the search for meaning in our lives. Supporting individuals through this process is an integral part of hospice palliative care. Our spiritual care team is available to help individuals explore their unique spirituality in-home, in-hospital or other settings. We offer spiritual needs assessments and support. The Hospice also offers support with funerals, memorial services and "celebration of life" services.

Bereavement Support

We offer bereavement support for caregivers, families and friends following a death or for those who anticipate a loss. Our volunteers and staff offer one-on-one or group support and provide information and referrals to other community services as needed.

Education

Ongoing education is the key to excellence in hospice palliative care. To enhance the knowledge and skills of those involved in palliative care, The Dorothy Ley Hospice develops and coordinates educational programs for palliative care professionals and for members of the local community in cooperation with other health care providers.

For more information, please feel free to contact The Dorothy Ley Hospice at:

phone: 416-626-0116

www.dlhospice.org

Opening in early 2009

The Dorothy Ley Hospice Palliative Care Centre



Demand for palliative care in our community is growing at a rapid pace. To serve this need, the new Dorothy Ley Hospice Palliative Care Centre will provide a permanent home for our community-based programs and services and enable us to expand and enhance the care we provide. When the Centre is opened in early 2009, we will offer a Residential Care program providing 24-hour care to more than 150 people each year.

