

4TH ANNUAL HALLOWEEN BED RACE

SUNDAY, OCTOBER 23, 2011



It's never too early to start thinking about what
you're going to be for Halloween.

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Let's begin...

JoAnne Gludish

Halloween fun is for kids of all ages. Get your costume and your bag of tricks/treats ready because preparations are underway for the 4th annual Halloween Bed Race supporting The Dorothy Ley Hospice.

Entry Fee: \$100 per team

Fundraising: each team is encouraged to raise a minimum of \$1000 – each pledge dollar you collect goes to the programs and services provided by The Dorothy Ley Hospice.

The 2011 Halloween Bed Race is now open for registration. To register your team, please visit www.dlhospice.org or call 416-626-0116 ext. 236.

About The Dorothy Ley Hospice

The Dorothy Ley Hospice is the only hospice palliative care centre in West Toronto, and the city's largest volunteer-based hospice. We offer compassionate and supportive care to individuals and their families, enabling them to live every day to the fullest with their pain under control.

All of our services are offered at no charge thanks to the generosity of our donors.



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Etobicoke, Ontario M9C 0A7
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info@dlhospice.org
www.dlhospice.org

Itinerary

- 8 AM – Registration
- Team Breakfast
- Bed Decorating
- 10 AM – Opening Ceremonies
- Bed Racing
- 12 PM – Closing Ceremonies
- Awards Presentation

Location

Bloor Street West, Kingsway between Grenview & Royal York

Bed Race Basics

- A bed race team can be any size but only six people may run per heat.
- The Dorothy Ley Hospice provides the beds that each team decorates and races.
- The Dorothy Ley Hospice provides the “passenger” for the bed. For safety reasons, no person rides on or in the bed at any time.
- All four bed wheels must touch the ground during the race.
- Teams will have five minutes to decorate their bed before their first race.
- Teams will race against the clock, not another team.
- Each team runs two heats. The team with the fastest time wins. In the case of a tie, those teams will run another heat to determine the winner.
- This event is a great day of ghoulish Halloween fun and good old fashioned fundraising in support of The Dorothy Ley Hospice.

Prizes

- Best Costume
- Best Bed Decorations
- Bed Race Champions