

DOROTHY LEY HOSPICE
PRESENTS

NURTURING MONDAYS



The Dorothy Ley Hospice



Expressive Arts Series: Clay Sculpting

Facilitated by:

Cher Curshen

Integrative Wellness Programs Coordinator

Experience the freedom of sculpting with clay!

Enjoy a relaxing guided visualization meditation and inspirational clay sculpting. The process helps to unify body, mind and soul as you tap into your creative power and express your passion with clay!



No previous experience
necessary!

Monday

December 8

1:30 — 3:30 pm

OR

6:00 — 8:00 pm

Mississauga Room

Upstairs from Hospice office

Nurturing Mondays provide regular opportunities ***for all volunteers*** to share experiences, learn new skills and receive emotional and professional support from their Hospice peers in a nurturing environment.

To register

or to obtain more information on this session or other Nurturing Monday opportunities, please contact the Hospice at:

(416) 626-0116